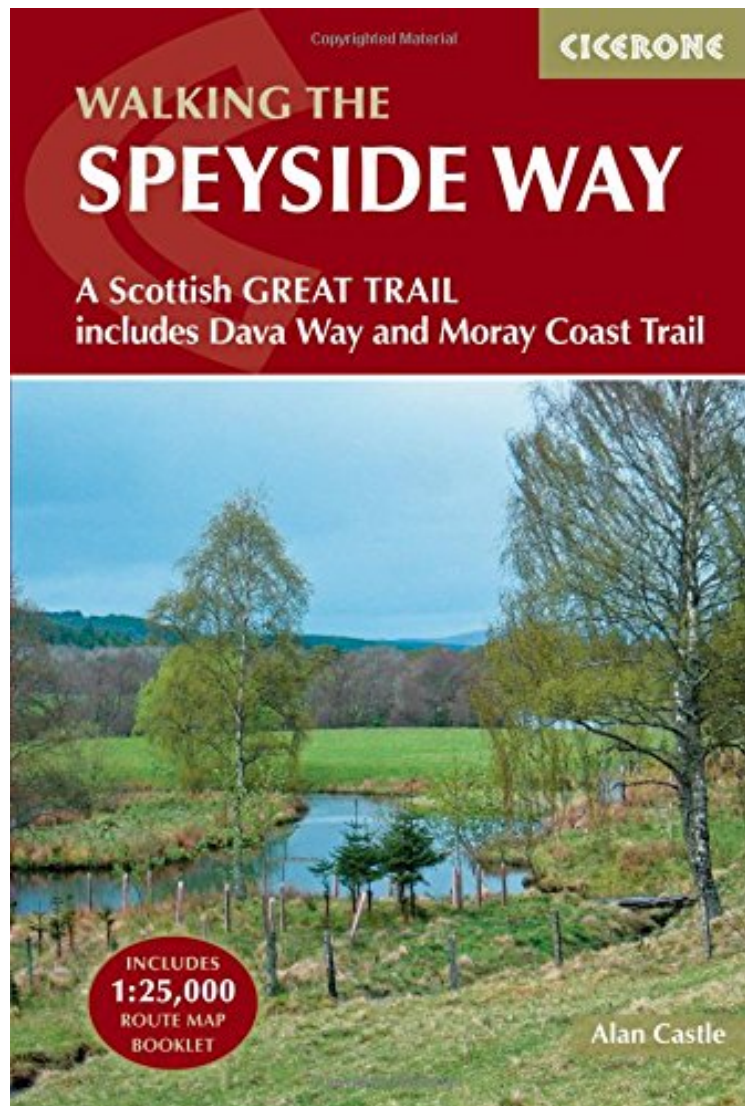


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## The Speyside Way: A Scottish Great Trail, includes the Dava Way and Moray Coast trails

Alan Castle

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**Alan Castle : The Speyside Way: A Scottish Great Trail, includes the Dava Way and Moray Coast trails** before purchasing it in order to gage whether or not it would be worth my time, and all praised The Speyside Way: A Scottish Great Trail, includes the Dava Way and Moray Coast trails:

This guidebook describes the Speyside Way, an official 66 mile (106km) Scottish Great Trail route which follows the

River Spey through northern Scotland from Aviemore to the old port of Buckie on the Moray coast. Featuring easy walking on good paths and along disused railway lines, the route can be comfortably completed in a week and is presented in 10 stages of between 2 and 13 miles (3-21km). The guide also details the recently opened 61/2-mile (10.5km) extension to the Speyside Way between Kinraig and Aviemore as well as two alternatives to the main route and routes to the source of the Spey. Also featured are three other trails in the same region which can be combined with the Speyside Way to form a longer trek: the 25 mile (40km) Dava Way, 47 mile (76km) Moray Coast Trail and 121/2 mile (20km) Badenoch Way. Alongside detailed route description, the guide includes background information, local points of interest (including a list of distilleries), tips on transport and accommodation and recommendations for mountain-bikers and riders, who can follow stretches of the route. The guidebook comes with a separate map booklet of 1:25,000 scale OS maps showing the full route of the Speyside Way. Clear step-by-step route descriptions in the guide links together with the map booklet at each stage along the Way, and the compact format is conveniently sized for slipping into a jacket pocket or the top of a rucksack.

About the Author Alan Castle has trekked and cycled in over 30 countries within Europe, Asia, North and South America, Africa and Australasia. A member of the Outdoor Writers and Photographers Guild, he has written 18 guidebooks, several on long-distance mountain routes in France. An erstwhile national secretary and long-distance path information officer of the Long Distance Walkers Association, Alan now lives at the foot of the Moffat Hills in Scotland.