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The Spa List: UK's Most Stylish Spa Hotels with the Best Pampering Facilities

Jenni Muir

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Jenni Muir : The Spa List: UK's Most Stylish Spa Hotels with the Best Pampering Facilities before purchasing it in order to gage whether or not it would be worth my time, and all praised The Spa List: UK's Most Stylish Spa Hotels with the Best Pampering Facilities:

Perfect for singles, couples, or friends seeking deluxe pampering, this is the ultimate guide to uncovering some of Britain's most lavish spas. Travel experts provide in-depth descriptions of the gourmet foods, posh accommodations, gym facilities, and available spa treatments at each of 42 locations, as well as such necessary information as hours, locations, and pricing. Perfect for experiencing an old-fashioned facial, the most current exercise craze, or just some old-fashioned rest and relaxation, this is a one-stop guide to finding the perfect place for a dream weekend getaway.

About the Author Jenni Muir is a travel journalist whose articles have appeared in The Independent, The Sunday Times, and Time Out, and a former cooking consultant to the Reader's Digest. She is the author of A Cook's Guide to Grains, Cooking School Holidays, and The Guest List UK.