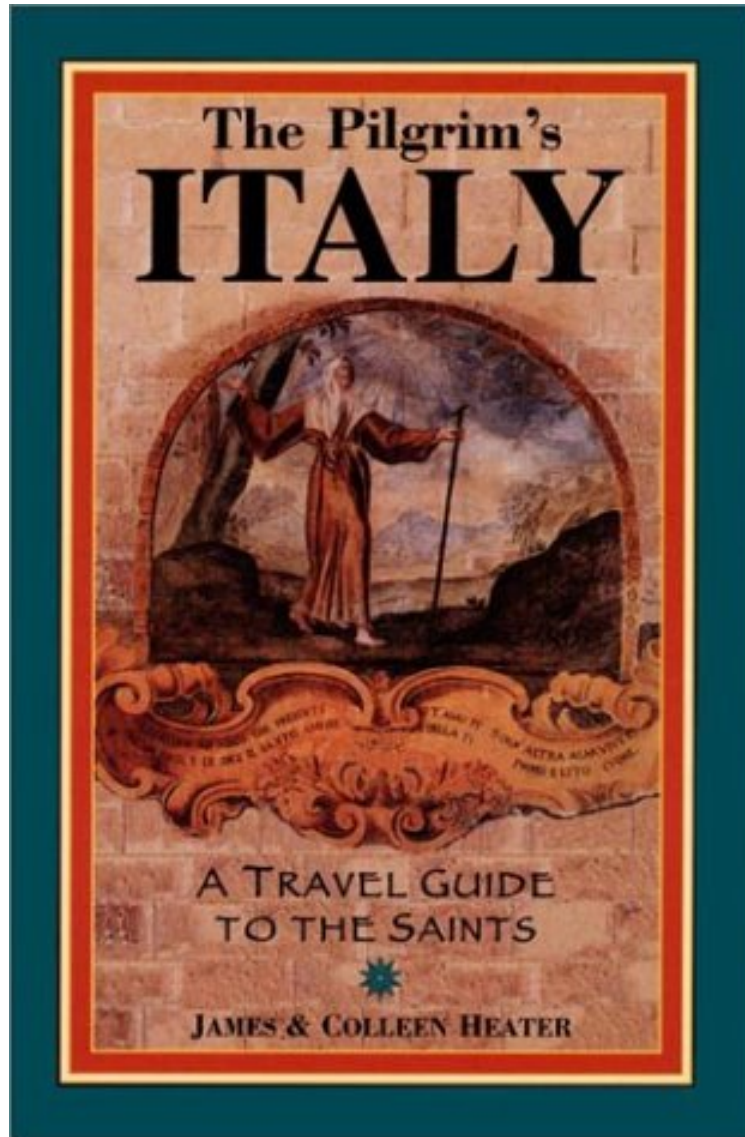


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## The Pilgrim's Italy: A Travel Guide to the Saints

*James Heater, Colleen Heater*

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**James Heater, Colleen Heater : The Pilgrim's Italy: A Travel Guide to the Saints** before purchasing it in order to gage whether or not it would be worth my time, and all praised The Pilgrim's Italy: A Travel Guide to the Saints:

5 of 5 people found the following review helpful. No St. Benedict or St. ScholasticaBy MKCI received this book today and am unpleasantly surprised and dismayed that I cannot find in it St. Benedict, sometimes called the father of western monasticism, nor his sister St. Scholastica. Even non-Benedictines know of the rule of St. Benedict, which is a guidelines for monastic communities. Neither Subiaco in Umbria, with both St. Benedict and St. Scholastica

monasteries, nor Cassino, with the great Monte Cassino monastery which Benedict founded later, are included. I bought the book largely because I am planning a trip to Subiaco; this book is no help. If you want to learn about St. Benedict and St. Scholastica, Subiaco or Monte Cassino, you will have to go to The Christian Travelers Guide to Italy or to somewhere else. The Pilgrim's Italy is also larger and heavier than The Christian Travelers Guide, though the later still has a lot of information.0 of 0 people found the following review helpful. great resourcesBy Michele QuinnThe resources were the best part of this book. The stories of the saints not so much. But resources good!0 of 0 people found the following review helpful. Pilgrimage aidBy k.yoshimuraI loved this book. I took it with me on a pilgrimage to Italy recently. It helped me to prepare for each place that we went. It was full of interesting information. I recommend it!

The footsteps of pilgrims have echoed continuously through the halls of time, as seekers of all faiths search for deeper meaning and purpose in their lives. The tangible vibrations of the saints and their shrines provide a direct personal experience of Divinity and transform lives. This is the power of pilgrimage. Italy has long been the destination of countless pilgrims, yet The Pilgrim's Italy is the first comprehensive guide to the spiritual side of this ancient country. This unique guidebook offers all that is needed to visit profound pilgrimage sites, meditate on the lives of saints, and feel their blessings. Through step-by-step instruction, the authors provide simple meditation techniques to enhance the pilgrim's experience, as well as a wealth of practical information to make the journey a pleasant one. Features include:  
\* Inspiring biographies of the saints \* Location of hidden rooms with saints' relics \* Instruction on how to meditate with the saints \* How to find quiet areas for meditation and prayer \* Useful maps and directions \* Helpful references for lodging in monasteries

About the Author "Pilgrims are not tourists. They have come, quietly and humbly, to seek the holy and enter more deeply into God's Blessedness. The Heaters have found this stillness for themselves and here set out to share its essentials with men and women who earnestly seek God." --Sister Wendy Beckett, Author and host of the PBS program "The Saints with Sister Wendy"