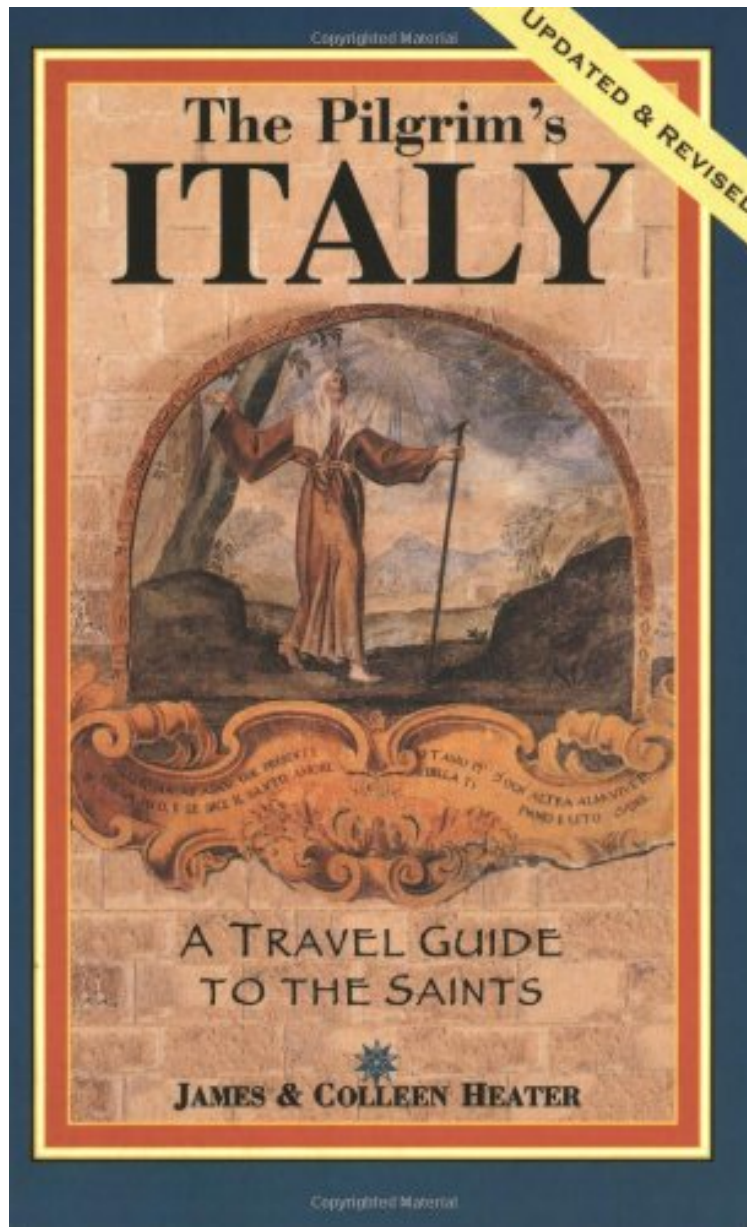


[Ebook free] The Pilgrim's Italy: A Travel Guide to the Saints (Colleen Heater)

The Pilgrim's Italy: A Travel Guide to the Saints (Colleen Heater)

James Heater, Colleen Heater
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James Heater, Colleen Heater : The Pilgrim's Italy: A Travel Guide to the Saints (Colleen Heater) before purchasing it in order to gage whether or not it would be worth my time, and all praised The Pilgrim's Italy: A Travel Guide to the Saints (Colleen Heater):

5 of 5 people found the following review helpful. No St. Benedict or St. ScholasticaBy MKCI received this book today

and am unpleasantly surprised and dismayed that I cannot find in it St. Benedict, sometimes called the father of western monasticism, nor his sister St. Scholastica. Even non-Benedictines know of the rule of St. Benedict, which is a guidelines for monastic communities. Neither Subiaco in Umbria, with both St. Benedict and St. Scholastica monasteries, nor Cassino, with the great Monte Cassino monastery which Benedict founded later, are included. I bought the book largely because I am planning a trip to Subiaco; this book is no help. If you want to learn about St. Benedict and St. Scholastica, Subiaco or Monte Cassino, you will have to go to The Christian Travelers Guide to Italy or to somewhere else. The Pilgrim's Italy is also larger and heavier than The Christian Travelers Guide, though the later still has a lot of information. 0 of 0 people found the following review helpful. great resourcesBy Michele QuinnThe resources were the best part of this book. The stories of the saints not so much. But resources good!0 of 0 people found the following review helpful. Pilgrimage aidBy k.yoshimuraI loved this book. I took it with me on a pilgrimage to Italy recently. It helped me to prepare for each place that we went. It was full of interesting information. I recommend it!

This comprehensive travel guide offers all that is needed to visit the profound pilgrimage sites of Italy, meditate on the lives of the saints, and experience their blessings. The authors combine inspiring biographies of dozens of saints with practical tourist information leading the seeker into a world of sacred travel and personal transformation.

"Pilgrims are not tourists. They have come, quietly and humbly, to seek the holy and enter more deeply into God's Blessedness. The Heaters have found this stillness for themselves and here set out to share its essentials with anyone who earnestly seek God." -- Sister Wendy Beckett, Author/PBS Host "...a joyous addition to the growing literature of soulful travel guides. I recommend it." -- Phil Cousineau, author of The Art of Pilgrimage and The Book of Roads

About the Author James Heater, a longtime practitioner of yoga, is a licensed architect specializing in religious and secular design. Excerpt. © Reprinted by permission. All rights reserved.

The Basilica of St. Francis Basilica di San Francesco The Basilica of St. Francis is composed of three levels, the upper and Lower Basilica and the Crypt. The lower Romanesque basilica was started in 1228, two years after St. Francis's death, and the upper Gothic basilica was started in 1230. This multi-faceted structure was completed in 1239 and the interiors in 1253. St. Francis' body was moved to the Basilica in 1230 from San Giorgio's (which is now the Basilica of St. Clare). St. Francis was buried in the lower church several meters under the high altar to prevent theft of the body. In 1818, the Pope gave permission to build a chapel under the high altar so people could view the stone sarcophagus, since the trend of robbing saints' graves had passed. The crypt is entered in the middle of the lower church from stairs on the right hand side. St. Francis's tomb is behind the altar and his disciples Blessed Rufino, Leone, Masseo, and Angelo are entombed in the surrounding outer walls. Lady Jacoba, whom Francis called "Friar Jacoba," is laid to rest on the entrance stairway facing the altar. There are pews for praying, and even though it is very busy with many tourists and can be very stuffy, try to spend some time here, for there are many blessings to be received. You may also wish to go upstairs to pray before the high altar over St. Francis' crypt, which is more open and less crowded. St. Joseph of Copertino had a special spot in the Lower Basilica where we like to spend time in meditation. St. Joseph lived at the Basilica for 14 years and, when no one was around at night, he would go to pray in the "Cappella dell'Immacolata" (next to Cappella San Martino Di Tours). This side chapel is up the first stairs on the left as you face the main altar. Here St. Joseph would pray to the statue of the Virgin Mary (La Statua della Vergine), which is the same one currently on display. Because it is slightly out of the way, this spot is one of the only somewhat quiet areas we found in the Basilica to meditate, and it has a bench to sit on. Another special place to visit, if you can arrange a tour, is the five rooms St. Joseph of Copertino lived in from 1639 to 1653 in the Sacred Convent (Sacro Convento). Getting to see his rooms might be difficult since they are not officially open to the public. Ask at the information booth to see if a priest is available to escort you there. Consider yourself lucky if they can, but don't expect it. A prayer may help!