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The Gluten-Free Guide to Spain

Maria Ann Roglieri

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Maria Ann Roglieri : The Gluten-Free Guide to Spain before purchasing it in order to gage whether or not it would be worth my time, and all praised The Gluten-Free Guide to Spain:

2 of 2 people found the following review helpful. So helpful!By john o. strekWe now have all of these gluten free guides. What a resource! These books make traveling through Europe with Celiac a breeze! The author lays out the restaurant suggestions in many ways to make them user friendly (alphabetical, by area, etc.). She also provides restaurant cards and questions to ask the waiters in the appropriate language for each country. We are hoping the author will continue to provide this resource on the rest of Europe (Germany? Switzerland?) and then move onto Asia so we can plan our next trips. There are so many choices of places to eat, we planned our meals around her suggestions - saved us so much time and aggravation. I highly recommend these books if you need to be gluten free and love to travel.

Lists comprehensive info on gluten-free venues all over Spain. Gluten-Free Spanish 101 section offers specialized vocabulary for traveling celiacs.