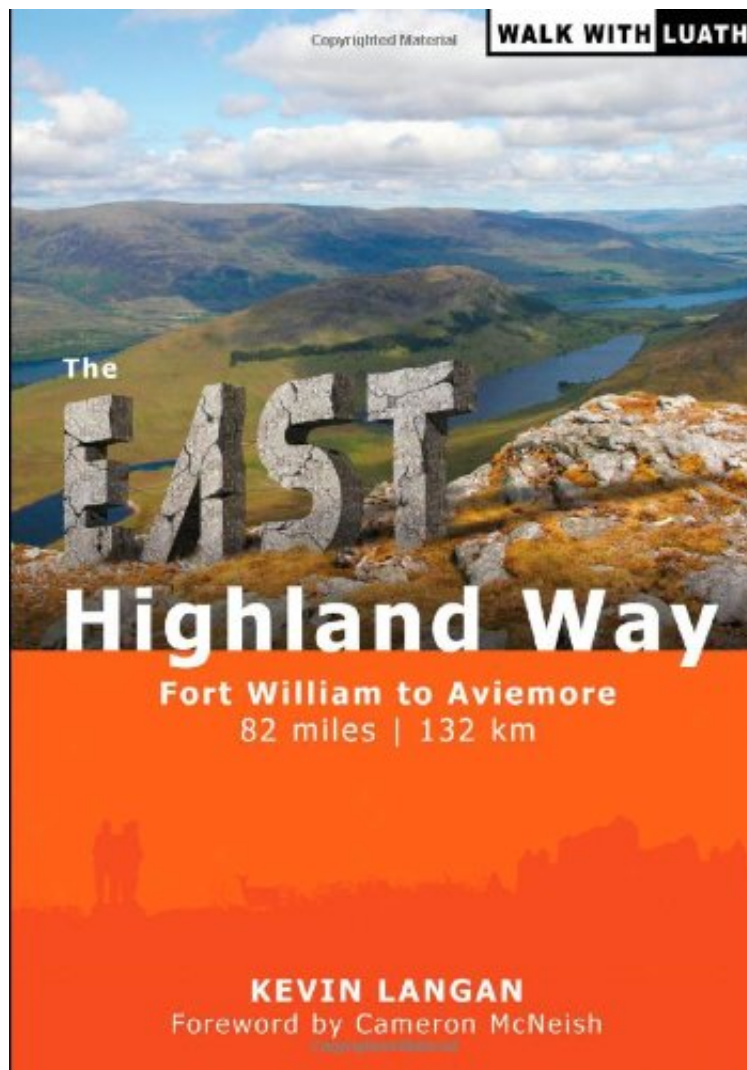


(Free download) The East Highland Way: Fort William to Aviemore

## The East Highland Way: Fort William to Aviemore

*Kevin Langan*

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**Kevin Langan : The East Highland Way: Fort William to Aviemore** before purchasing it in order to gauge whether or not it would be worth my time, and all praised The East Highland Way: Fort William to Aviemore:

The East Highland Way is a detailed and descriptive guide to the route developed by Kevin Langan in 2007. Beginning in Fort William and culminating in Aviemore, the trail forms a new link route between the northern end of the West Highland Way and the southern end of the Speyside Way. In addition, the route joins with the Great Glen Way at its southern point in Fort William, making this a new challenge for seasoned walkers and amateurs alike. Not

only an illustrated route description, Langan also details the plethora of wildlife to be spotted along the way in each section of the walk. The book also provides information on the various historical attractions with which the route intersects, including Old Inverloch Castle and Kingussie's Ruthven Barracks. Langan's route has been optimised to engage with accommodation where possible, and these accommodation options are included in the guide.

There is a real need for alternative routes and The East Highland Way offers not only an alternative, but a highly attractive and challenging walk in its own right. CAMERON McNEISH Because this is a largely unwaymarked route, the quality of the guidance on offer is much more important than it would be on a waymarked route, and it is fair to say that Kevin Langan has produced a route guide that includes everything you could possibly want within a very small and beautifully produced package. Despite the book being small enough to fit into your pocket it packs in a wealth of excellent colour photography alongside maps produced specifically to show the route, and detailed instructions that read as if they have actually been produced on the ground and at the time, and which helpfully highlight possible navigational pitfalls. This really is an outstanding little book which can be recommended without reservation. UNDISCOVERED SCOTLAND About the Author KEVIN LANGAN is an experienced mountaineer and long distance walker. He developed the East Highland Way in the winter of 2007 and continues to improve and promote the route with the aim of establishing it as a leading UK distance route. With his involvement in large scale commercial planning projects coupled with his experience in developing award-winning outdoor products, the EHW presented Langan with an opportunity to combine his passions. Langan currently lives in Glasgow.