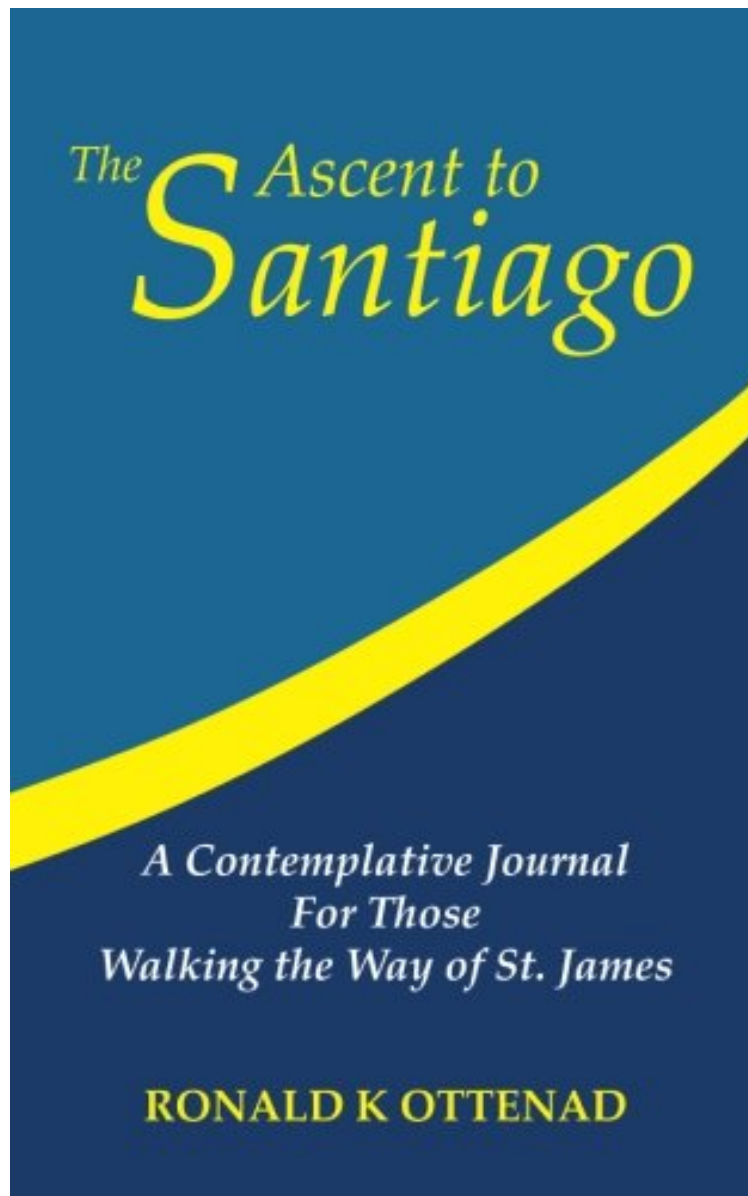


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The Ascent to Santiago: A Contemplative Journal For Those Walking the Way of St. James

Ronald K Ottenad

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Ronald K Ottenad : The Ascent to Santiago: A Contemplative Journal For Those Walking the Way of St. James before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Ascent to

Santiago: A Contemplative Journal For Those Walking the Way of St. James:

0 of 0 people found the following review helpful. Best preparation for my "interior pilgrimage" By CustomerI just returned from two weeks on the Camino and one of the best things I did to prepare for my "interior pilgrimage" was to get this book/journal by Ronald Ottenad. I read it before my Camino and also each day during my Camino and found it to be filled with truths and deep questions that kept me attentive to the beautiful life lessons that the Camino teaches. Two of the friends I traveled with also were using this journal and loved it as well. Thank you, Ronald, for sharing your gift of words and wisdom with Camino pilgrims!2 of 2 people found the following review helpful. Great Journal for the Camino de SantiagoBy Mark HolmesWhat a wonderful journal this is to help a person with the inward journey towards Santiago! I found the daily Contemplative Prompts to be insightful and really press in to the heart. It helps you to be present and notice what is going on inside of you and around you.From the introduction: "The journal keeps pace with John Brierley's guide book, A Pilgrim's Guide to the Camino de Santiago, but it is not meant to be rigid. If you desire to keep tempo with the guide book, this will follow right along, but if you want to set your own timeline, the journal allows you that flexibility."Another clip from the intro sets up the purpose of this journal: "The path ahead will lead you through beautiful landscapes, past villages frozen in time, and into majestic cathedrals. If you allow it, it will also lead you into the truth of your heart. This journal is designed to be a companion on that journey. While your internal Camino may lead you through places of loss, confusion, doubt, and tears, if you are open to the journey, it will eventually bring you to a place of blessings, strength and joy."You will not be disappointed with the depth and value of this journal!(Note: This review is based on an advanced-reader copy.)

Walking the Camino is much more than a physical challenge. It is an internal journey which has the potential to grow and expand your heart and soul. The Ascent to Santiago will help you be as intentional about the inward journey, as you have been in preparing physically to walk to Santiago.