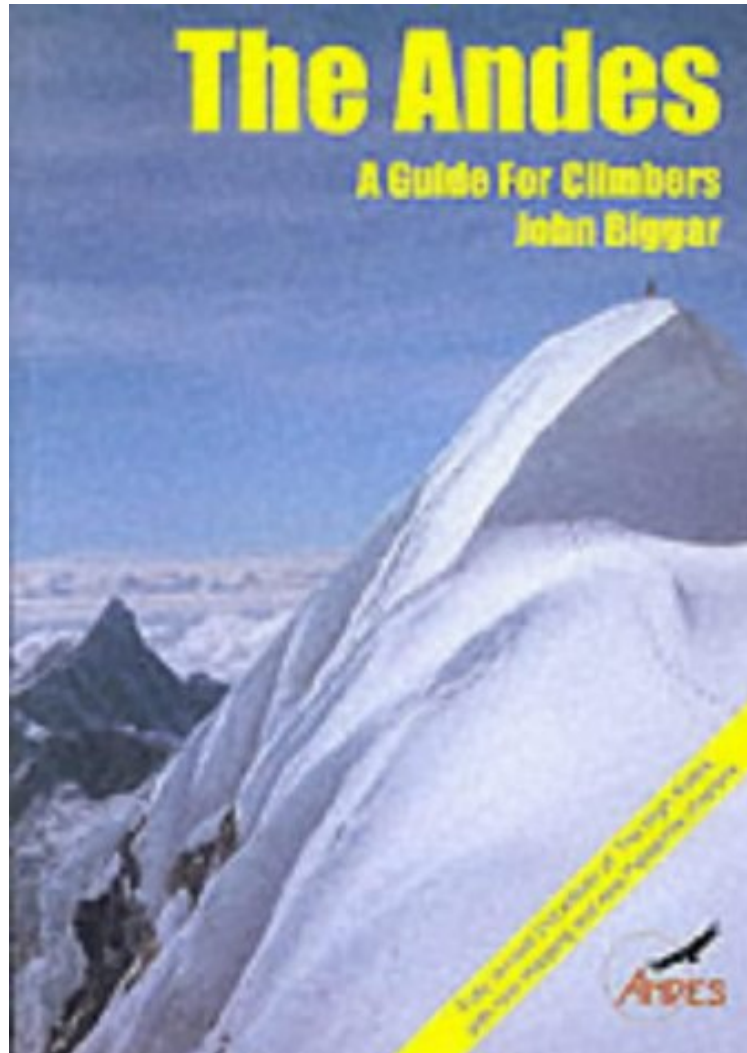


The Andes: A Guide for Climbers

John Biggar

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John Biggar : The Andes: A Guide for Climbers before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Andes: A Guide for Climbers:

The first comprehensive trekking guide to the Andes. Includes descriptions for over 30 of the most popular treks plus many interesting day walks in all 7 countries the mountain chain of the Andes. The guidebook contains descriptions for 33 main treks Every trek included has a sketch map of the area and a trek profile indicating heights. Each trek is graded and summarised for duration, distance, total ascent and highest point. There is an introductory chapter on trekking in the Andes comparing the different areas and giving advice on planning a trek, and general travel advice for

South America. Each area chapter also has a brief introduction giving details of climate and travel. Important towns for accessing the treks are described, concentrating on information relevant to the trekker. Appendices include flora and fauna information and a glossary of Spanish/English terms relevant to trekkers.